

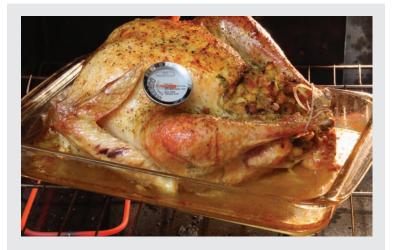


A C H E S | E N E R G Y Ride the Green Wave

### **ENERGY MYTH #11:**

Washing dishes by hand uses less energy than running a dishwasher.

You'll like this myth-buster: A dishwasher saves energy, water, and time! To maximize dishwasher savings, scrape plates instead of rinsing them and turn off the heat-dry feature. If your old dishwasher doesn't allow this, consider a new Energy Star model. You will save an estimated \$40 per year, reduce pollution, and get cleaner dishes. Compared to handwashing, an Energy Star dishwasher can save \$430 in water and energy costs over its life.



#### The Happy Holiday Kitchen

Cooking a mouth-watering meal makes for a Happy Thanksgiving. Increase the joy by saving energy and money with simple no-cost steps.

**Cooking:** Whenever possible, use the super-efficient microwave, crock pot, and toaster oven. When using the oven, cook two or more dishes together; preheat it only for bread and pastries; and turn off the oven before cooking time ends. On the range top, match



pot size to burner size and cover pots for quicker cooking.

**Refrigerating:** Let foods cool first and then arrange the



containers in the fridge to allow air circulation. Don't forget to clean the refrigerator's coils.

**Clean-up:** Use the dishwasher efficiently by scraping plates and turning off the heat-dry feature. When you must pre-rinse dishes, use cold water. For necessary hand-

washing, fill one basin with sudsy water and the other with rinsing water. Don't let the faucet run.

Electric price for 1,000 kilowatt-hours		
	October	November
Base charge, residential	\$4.50	\$4.50
KWH base charge	\$74.57	\$74.57
Power cost adjustment	\$55.84	\$55.84
Total	\$134.91	\$134.91

# **Tidings** Tips: Holiday Traveling

- · If you'll be gone for two days or more, turn off the water heater.
- Turn off your HVAC system or use proper set-backs for heating or cooling. If you have a heat pump for heating, when you return home, increase the temperature only 2° at a time; otherwise, expensive heat strips will activate.



- Unplug electronics and devices with a remote. They consume power even when off.
- Leave on minimal lights, or plug lamps into a timer.



#### Beaches Energy's Local Partnerships

To make finding rebate-qualifying products easier for you, Beaches Energy Services has partnered with local Ace Hardware stores to help you lower your bills, conserve energy, and save money.

You will find Beaches Energy Services displays at **Turner Ace Hardware** off Marsh Landing Parkway in Jacksonville Beach, and Proctor Ace Hardware off Atlantic Boulevard in Neptune Beach and off A1A North in Ponte Vedra Beach.

## Watering Restrictions Fall Back

With the change from Daylight Savings Time to Eastern Standard Time (EST), lawn-watering restrictions change from twice per week to once only. EST begins Sunday, November 7. Mandatory watering schedules are Saturday for odd-numbered residential addresses, Sunday for evennumbered addresses, and Tuesday for commercial facilities. Watering must occur before 10 a.m. and after 4 p.m. The schedule continues until DST returns March 13, 2011.